

## Body Mass Index (BMI) Table for Adults

BMI	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
Height	Weight in Pounds (lbs)																
4' 10" (58")	91.0	96.0	100.0	105.0	110.0	115.0	119.0	124.0	128.0	133.0	138.0	143.0	148.0	153.0	158.0	162.0	167.0
4' 11" (59")	94.0	99.0	104.0	109.0	114.0	119.0	124.0	129.0	134.0	139.0	144.0	149.0	154.0	159.0	164.0	169.0	174.0
5' (60")	97.0	102.0	107.0	112.0	118.0	123.0	128.0	133.0	138.0	143.0	148.0	153.0	158.0	163.0	168.0	174.0	179.0
5' 1" (61")	100.0	106.0	110.7	118.0	124.0	130.0	136.0	142.0	148.0	154.0	160.0	166.0	172.0	178.0	184.0	190.0	196.0
5' 2" (62")	104.0	109.0	115.0	119.0	124.0	129.0	134.0	139.0	144.0	149.0	154.0	159.0	164.0	169.0	174.0	179.0	184.0
5' 3" (63")	106.8	113.0	117.7	123.3	128.8	134.3	139.8	145.3	150.8	156.3	161.8	167.3	172.8	178.3	183.8	189.3	194.8
5' 4" (64")	110.0	116.0	122.0	126.8	132.4	138.0	143.6	149.2	154.8	160.4	166.0	171.6	177.2	182.8	188.4	194.0	199.6
5' 5" (65")	114.0	120.0	126.0	132.0	138.0	144.0	150.0	156.0	162.0	168.0	174.0	180.0	186.0	192.0	198.0	204.0	210.0
5' 6" (66")	118.0	124.0	130.0	136.0	142.0	148.0	154.0	160.0	166.0	172.0	178.0	184.0	190.0	196.0	202.0	208.0	214.0
5' 7" (67")	121.0	127.0	134.0	140.3	146.8	153.3	159.8	166.3	172.8	179.3	185.8	192.3	198.8	205.3	211.8	218.3	224.8
5' 8" (68")	125.0	131.0	138.0	144.3	150.8	157.3	163.8	170.3	176.8	183.3	189.8	196.3	202.8	209.3	215.8	222.3	228.8
5' 9" (69")	128.0	135.0	142.0	149.0	156.0	163.0	170.0	177.0	184.0	191.0	198.0	205.0	212.0	219.0	226.0	233.0	240.0
5' 10" (70")	132.0	139.0	146.0	153.0	160.0	167.0	174.0	181.0	188.0	195.0	202.0	209.0	216.0	223.0	230.0	237.0	244.0
5' 11" (71")	136.0	143.0	150.0	157.0	164.0	171.0	178.0	185.0	192.0	199.0	206.0	213.0	220.0	227.0	234.0	241.0	248.0
6' (72")	140.0	147.0	154.0	161.0	168.0	175.0	182.0	189.0	196.0	203.0	210.0	217.0	224.0	231.0	238.0	245.0	252.0
6' 1" (73")	144.0	151.0	159.0	166.3	173.8	181.3	188.8	196.3	203.8	211.3	218.8	226.3	233.8	241.3	248.8	256.3	263.8
6' 2" (74")	148.0	155.0	163.0	170.3	177.8	185.3	192.8	200.3	207.8	215.3	222.8	230.3	237.8	245.3	252.8	260.3	267.8
6' 3" (75")	152.0	160.0	168.0	176.0	184.0	192.0	200.0	208.0	216.0	224.0	232.0	240.0	248.0	256.0	264.0	272.0	280.0
	NORMAL						OVERWEIGHT					OBESE					

For More Information on BMI and what it means visit our website on [www.fspharma.com/how/bmi.asp](http://www.fspharma.com/how/bmi.asp)

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